

"12 Ways to Get Unstuck"

Introduction:

Everyone feels stuck in life sometimes. In this message we are going to teach people "The 12 Ways to Get Unstuck." There is a cause and effect in play when we get stuck. Some people have figured this out and now we get to help others. Get yours this Sunday!

Come be fed.

John 4:14

But whoever drinks of the water that I will give...will become...a fountain of water gushing and springing up...

Here are my 12 ways to get unstuck.

1. Come Away with Me My Love

When feeling stuck in life, we must abide in the Presence of the God man who is named "The Life." Whether you are a believer or non-



believer this is imperative. We cannot claim to get you unstuck in your life without serving you the Word of God and leading you to Him.

You will encounter a rich love that is unmatched on the earth. The chains of stagnation will bow the knee to our wonderful God who breathes life into our pitiful fruitless state!

John 15:5

Whoever abides in me...bears much fruit, for apart from me you can do nothing.

Talk about getting unstuck! There it is! It is my firm opinion that most Christians are stuck right now. The primary reason is they are not "abiding" or "living" in the Presence of Jesus. They are simply cramming their version of Jesus into their packed schedules.

So, gaze at the God who loves you unconditionally, who is never stuck and always progressing. Then it will be impossible to become stuck in this life.



John 4:14

...whoever drinks of the water that I will give him shall by no means thirst forever; but the water that I will give him will become in him a fountain of water springing up into eternal life.

2. Keep Plowing in the Wilderness, It's Not Your Time Yet

Don't get ahead of God as that will get you stuck. You may be moving slow in the natural, but you are moving forward at blazing speed in the Spirit. In fact, you cannot get there quicker than God allows.

The Lord says, "Live in the Book of Acts. Abandon yourselves. Go where I say and do what I do. Be My Noah alone with others in the desert until I appoint you."

Sit still and don't guess. God knows how to make your calling clear if you take the time to learn His voice. This takes years not months. Father Heart Church is a discipleship center who will lead you into this if you follow. Don't Quench the Spirit. We need to keep plowing in the wilderness until the fruit of our labors mature.



John the Baptist is our great example as a person who cultivated a deep flowing relationship with God apart from the abodes of men. Most believe he was cloistered away with prophets in the desert before the Spirit commissioned him to be God's mouthpiece to Israel.

Luke 1:80

And the child (John the Baptist) grew and became strong in spirit and was in the deserts till the day of his showing to Israel.

3. Catch This Wave of Daily Streaming Glory

In the Book of Acts they met daily in the temple and breaking bread together in homes. We are doing the same thing yet on Zoom because we are given a new wineskin for the new wine God is pouring into His people in this technological age.

Matthew 9:16-17

"No one sews a patch of unshrunk cloth on an old garment, for the patch will pull away from the garment, making the tear worse. Neither do people pour new wine into old wineskins. If they do, the skins will



burst; the wine will run out and the wineskins will be ruined. No, they pour new wine into new wineskins, and both are preserved"

In Jesus's day, people used animal skins—like goatskin—for storing liquids. Fermented drinks like wine expanded, and since an old wineskin would already be stretched to its limit, the new wine would tear the seams.

This is why new wine needed to be preserved in new wineskins. As the wine expanded, the new skins would stretch to accommodate it.

Jesus was making a very specific point to John the Baptist. He was here to do something completely new. If John (or anyone else) tried to make sense of it through a lens of old expectations and regulations, they'd miss the amazing thing that was happening. Through Jesus, God was redeeming the world to Himself. And if people expected this to look familiar to what God had done before, they wouldn't understand.

4. Move Slow & Get in the Plan

Our discipleship classes will nestle you into the true plan of your spiritual destiny. Take your time and jump in with us as soon as you



are able. No rush.

5. Don't Feel Sorry for Yourself

Nothing will get you stuck like self-absorption, self-focus and self-pity. People who are bound with self-pity blame others for their problems and they complain about God's systems. Pull your bootstraps up and get with the program. God's program.

6. Check Your Motives for Ministering to God – Isaiah 58

Notice how serving the poor gets you unstuck in verses 8 and 9.

Isaiah 58:6-9

6 "Is this not the fast that I have chosen:
To loose the bonds of wickedness,
To undo the heavy burdens,
To let the oppressed go free,
And that you break every yoke?

7 Is it not to share your bread with the hungry,



And that you bring to your house the poor who are cast out...

8 Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the Lord shall be your rear guard.

9 Then you shall call, and the Lord will answer; You shall cry, and He will say, 'Here I am.'

7. Draw Your Sword & Fight Back

Demons have some people stuck and the only way to extricate yourself from this demonic grip is through spiritual warfare.

Ephesians 6:12

12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.



8. Get in the Right Tribe - The Peace Makers Rule

In a generation where almost everyone is arguing their point with a venomous bent, the Father's peacemakers are quietly minding the business of the Kingdom and they have great peace knowing that they are obedient children who please their Father. We are blessed.

Matthew 5:9

"Blessed are the peacemakers, for they will be called children of God"

- 9. Limit Your Time with Donkey Gossips
- **10. Increase Your Time with Playmakers**
- 11. Speak Well of Others No Gossip Be a Thoroughbred
- 12. Believe in Yourself and Trust Others



Sermon Discussion

- 1- Which one of these 12 points are you most deficient in?
- 2- Can you think of another way a person can get unstuck?
- 3- How will you get unstuck this week?
- 4- How have you ever gotten unstuck before?